

# THE ENGLISH ROSE LA ROSA INGLESA

## COLD STARTERS

**AVOCADO TOAST.....\$14.00**  
Marinated cherry tomatoes, avocado, mixed greens, balsamic reduction, toasted house-made bread

**MUSHROOM TOAST .....\$14.00**  
Button mushrooms, herb butter cream, marinated cherry tomatoes, mixed greens, toasted house-made bread

**FRESH FRUIT BOWL .....\$14.00**

**PARFAIT.....\$14.00**  
Blueberries, bananas, strawberries, honey, greek yogurt, granola, shaved coconut

**WILD CAUGHT SHRIMP CEVICHE.....\$14.00**  
Wild shrimp marinated in our fresh house-made pico de gallo + tostones

**SEARED TUNA .....\$14.00**  
Pan seared rare tuna, mixed greens tossed in soy sesame vinaigrette, seaweed salad + wasabi mayo

## HOT STARTERS

**WINGS.....6 FOR \$12.00**  
Tossed with your Choice of BBQ, Buffalo, or plain. Served with blue cheese dressing, carrots + celery.

**NACHOS.....\$14.00**  
Fried corn tortilla chips, black beans, pico de gallo, house-made queso, sour cream. *Add chicken, churrasco or shrimp +\$8.00*

**CHICKEN QUESADILLA.....\$15.00**  
Chicken, bacon, cheese + chipotle mayo. Topped with pico de gallo, sour cream and guacamole.

**CHURRASCO QUESADILLA.....\$15.00**  
Steak, cheese, onions + chipotle mayo. Topped with pico de gallo, sour cream and guacamole.

**VEGGIE QUESADILLA.....\$13.00**  
Sweet potatoes, black beans spinach, mushrooms, onions, red pepper + chipotle mayo. Topped with pico de gallo, sour cream and guacamole.

**MUSHROOM TOAST .....\$14.00**  
Button mushrooms, herb butter cream, marinated cherry tomatoes, mixed greens, toasted house-made bread

## EGGS BENEDICT

**CLASSIC.....\$8.00 | \$15.00**  
Soft poached eggs on English muffin, hollandaise and thick cut Canadian bacon.

**THE GREEN.....\$8.00 | \$15.00**  
Soft poached eggs on English muffin, shrimp hollandaise sautéed organic spinach and avocado.

**BENNY HILL.....\$8.00 | \$15.00**  
Soft poached eggs on English muffin, hollandaise and smoked salmon.

**PULLED PORK BBQ RIB BENEDICT.....\$8.00 | \$15.00**  
Soft poached eggs on English muffin, hollandaise and pulled pork with house BBQ sauce.

**ADD ON ON SHRIMP, TRUFFLE OR CURRY HOLLANDAISE..... +\$3.00**

## PANCAKES + FRENCH TOAST

**PLAIN PANCAKES..... \$10.00**

**BLUEBERRY, CHOCOLATE CHIP OR NUTELLA PANCAKES..... \$14.00**

*Choose two fruits: Banana, Strawberries, Blueberries or Pineapple.....+\$4.00*

*Add whipped cream.....+\$2.00*

TWO PER ORDER

## BREAKFAST FAVORITES

**EGGS RANCHEROS (GF).....\$14.00**  
Three eggs scrambled, manchego, spicy tomato chili sauce, house-made black beans, crispy corn tortilla, sour cream

**BREAKFAST BURRITO.....\$15.00**  
Homemade pork sausage, three scrambled eggs, peppers, onions, extra sharp Vermont cheddar, flour tortilla, pico de gallo, sour cream

**VEGGIE BURRITO (VEG).....\$15.00**  
Three scrambled eggs, extra sharp Vermont white cheddar, sautéed spinach, black beans, sautéed mushrooms, spinach tortilla, pico de gallo, sour cream

**AWESOME TURKEY HASH.....\$16.00**  
Roast turkey, sautéed batata, pancetta, Vermont maple syrup, hot sauce, two eggs any style, mixed greens, balsamic vinaigrette

**THE FULL MONTY.....\$17.00**  
The classic British breakfast, two eggs any style, slice of bacon, house-made pork sausage, overnight tomatoes, sautéed mushrooms, cast iron skillet potatoes, house-made toast, traditional baked beans

**THE FULL V (VEG).....\$15.00**  
The classic British breakfast veggie style, two eggs any style, sautéed spinach, black beans, overnight tomatoes, sautéed mushrooms, cast iron skillet potatoes, house made toast *(VEGAN without eggs - sub sweet potatoes)*

**BISCUITS + GRAVY.....\$14.00**  
Southern Style biscuits and sausage gravy served with two eggs

**DEAD ELVIS.....\$14.00**  
Thickly sliced French toast on house-made bread, Saigon cinnamon, caramelized bananas, syrup

**LOX PLATE.....\$16.00**  
Sustainably farmed smoked salmon, capers, pickled red onions, dill cream cheese, house-made toast with cucumber salad

**SUB EGG WHITES.....+\$2.00**

## OMLETTES SERVED WITH TOAST

**BUILD YOUR OWN FOUR EGG OMELETTE .....\$8.00 + ADD ONS**  
**SUB EGG WHITES.....+\$2.00**

**VEGGIES.....+\$1.50**  
**EACH**

*Peppers, onions, spinach, mushrooms, avocado, overnight tomatoes, pickled jalapeños, roasted red peppers, cherry tomatoes or black beans*

**CHEESE .....+\$2.00 EACH**  
*American, white cheddar, yellow cheddar or feta*

**PREMIUM CHEESE.....+\$3.00 EACH**  
*Manchego, Swiss, or provolone*

**MEAT..... +\$2.00 EACH**  
*Canadian bacon, bacon, sausage, chicken or ham*

**PREMIUM MEAT..... +\$3.00 EACH**  
*Pancetta, pork sausage, turkey, shrimp, smoked salmon or churrasco*

**SURF + TURF OMELETTE.....\$18.00**  
Shrimp, Churrasco steak, onion, peppers, cheddar and cheese sauce served with toast.

# THE ENGLISH ROSE LA ROSA INGLESA

## SANDWICHES

**THE ROSE TEA SANDWICH.....\$14.00**  
Thinly sliced cucumber, whipped herb cream cheese, pickled red onion on crustless brioche with salmon.

**CHICKEN BLT CROISSANDWICH.....\$14.00**  
Thick cut applewood smoked bacon, romaine lettuce, tomato, house-made aioli on a croissant.

**CHICKEN PLANTANO SANDWICH.....\$14.00**  
Grilled chicken, onions, lettuce tomato, Swiss, Island sauce, plantain bun.

**MONTE CRISTO.....\$14.00**  
House-roasted turkey, Boar's Head Ham, Swiss cheese, jam of the day, dusted with powdered sugar and served on home-made Mallorca bread.

**SLAMMIN TURKEY CROISSANDWICH.....\$15.00**  
Roast Turkey, Boar's Head bacon, baby Swiss, avocado, chipotle mayo, mixed greens.

**PHILLY CHEESE STEAK WITH PROVOLONE.....\$14.00**  
*Add caramelized onions, sautéed mushrooms, pickled jalapeño, roasted red peppers, lettuce, tomatoes, pickles +\$2.00*

**CHICKEN PHILLY CHEESE STEAK WITH PROVOLONE.....\$14.00**  
*Add bbq sauce or buffalo sauce +\$1.00*

**GRILLED VEGETABLE SANDWICH.....\$14.00**  
Grilled Portobello, lettuce, tomato, spinach, roasted red peppers, onion + chipotle mayo on kaiser roll. Choice of Swiss or Cheddar.

## BURGERS

**BREAKFAST BURGER.....\$18.00**  
Handmade angus patty, sunny side egg, lettuce, tomato, onion, avocado, bacon on a kaiser bun with cheddar.

**BUILD YOUR OWN BURGER.....SINGLE \$10.00 | DOUBLE \$15.00**  
Includes with lettuce, tomato + onion and your choice of french fries or green salad with balsamic vinaigrette.

**VEGGIES.....+\$2.00 EACH**  
*Pickles, portobello mushrooms, roasted red peppers, avocado, caramelized onions, spinach, or sautéed mushrooms*

**CHEESE .....+\$2.00 EACH**  
*American, yellow cheddar, white cheddar or feta*

**PREMIUM CHEESE.....+\$3.00 EACH**  
*Manchego, Swiss, provolone, house-made queso, or truffle mac'n'cheese*

**MEAT.....+\$2.00 EACH**  
*Canadian bacon, bacon, ham or a fried egg*

## WRAPS

**GREEKISH WRAP.....\$10.00**  
Organic mixed greens, cherry tomatoes, pickled red onion, cucumber, feta + vinaigrette.

**CLASSIC CAESAR WRAP.....\$10.00**  
Romaine, Parmesan crisp + house-made Caesar dressing.

**CURRY CHICKEN SALAD WRAP.....\$18.00**  
Chicken, curry, aioli, celery, cashews + grapes.

**SEARED TUNA WRAP.....\$18.00**  
Seared tuna, seaweed salad, mixed greens, cucumber, soy sesame vinaigrette, wasabi aioli.

**GRILLED VEGETABLE WRAP.....\$14.00**  
Grilled Portobello, lettuce, tomato, spinach, roasted red peppers, onion. Choice of Swiss or Cheddar.

**PROTEIN ADD ONS.....+\$8.00**  
Choice of grilled chicken, shrimp, churrasco or portobello mushroom.

**SANDWICHES, BURGERS + WRAPS ARE SERVED WITH FRENCH FRIES  
OR MIXED GREEN SALAD WITH BALSAMIC VINAIGRETTE.**

**SUB TRUFFLE MAC 'N' CHEESE +\$4.00, SIDE CAESAR +\$2.00, SIDE GREEKISH +\$2.00, TRUFFLE FRIES +\$3.00**

## SALADS

**GREEKISH SALAD.....\$10.00**  
Organic mixed greens, cherry tomatoes, pickled red onion, cucumber, feta + vinaigrette.

**CLASSIC CAESAR SALAD.....\$10.00**  
Romaine, fresh baked garlic croutons, parmesan crisp + house-made Caesar dressing.

**CURRY CHICKEN SALAD.....\$18.00**  
Organic mixed greens, chicken, curry, aioli, celery, cashews, grapes.

**STRAWBERRY FIELDS SALAD.....\$12.00**  
Spinach, bacon, cashews, strawberries, red onion + feta with apple vinaigrette dressing.

**PROTEIN ADD ONS.....+\$8.00**  
Choice of grilled chicken, shrimp, churrasco or portobello mushroom.

## BIG PLATES

**STEAK + EGGS.....\$35.00**  
Prime Steak topped with herb compound butter, one egg any style with hollandaise served with parmesan truffle fries or half caesar salad.

**HOUSE-MADE BBQ RIBS.....\$28.00**  
Half rack of ribs, BBQ sauce, served with mac 'n' cheese and salad.

## DESSERT

**LA LA'S HOMESTYLE CARROT CAKE CREAM CHEESE FROSTING.....\$7.00**

**BREAD PUDDING WITH HOUSE-MADE ICE CREAM.....\$7.00**

**FLAN DEL DIA.....\$7.00**

**ICE CREAM FLAVOR OF THE DAY.....\$5.00**

## SIDES

Half Classic Caesar Salad.....\$6.00  
Half Classic Greek Salad.....\$6.00  
Cast Iron Skillet Potatoes (V).....\$4.00  
French Fries.....\$4.00  
Boar's Head Whole Dill Pickle.....\$3.00  
Parmesan Truffle Fries.....\$7.00  
Black Beans (VEGAN, VEG + GF).....\$3.00  
Overnight Tomatoes.....\$3.50  
Loaded Cast Iron Skillet Potatoes: bacon, cheddar, sour cream.....\$7.00

Truffle Mac 'N' Cheese.....\$8.00  
Tostones.....\$5.00  
Sautéed Mushrooms.....\$3.00  
Sautéed Organic Spinach.....\$4.00  
Caramelized Bananas.....\$4.00  
Avocado.....\$3.00  
Mixed Greens.....\$4.00  
Marinated Portobello Mushroom.....\$5.00  
2 eggs any style.....\$4.50

## ADD ONS

**SAUCES**  
Sour Cream.....\$2.00  
Pico De Gallo.....\$2.00  
Tomato Chili Sauce.....\$2.00  
Sausage Gravy.....\$6.00  
Hollandaise(Shrimp, Truffle or Curry).....\$5.00

**BREADS**  
Toasted English Muffin.....\$3.00  
House-made Toast.....\$4.00  
House-made Mallorca Bun.....\$4.00  
Fresh Baked Croissant.....\$4.00  
Gluten-Free Toast.....\$4.00  
Biscuit.....\$4.00  
Brioche.....\$3.00

**MEATS**  
Pancetta.....\$5.00  
Boar's Head Bacon.....\$4.00  
Boar's Head Ham.....\$4.00  
Smoked Salmon.....\$7.00  
Roasted Pulled Turkey.....\$7.00  
Thick Cut Canadian Bacon.....\$5.00  
House-made Giant Pork Sausage.....\$6.00  
Chicken Breast.....\$6.00  
Daily, Fresh Cut Prime Steak.....MP

**CHEESE**  
Boars Head Baby Swiss.....\$3.00  
Imported Manchego.....\$3.00  
Feta.....\$3.00  
Extra Sharp Cheddar white or yellow.....\$3.00  
Provolone.....\$3.00  
American.....\$3.00

**PLEASE LET YOUR SERVER KNOW ANY FOOD ALLERGIES OR DIETARY RESTRICTIONS  
EATING RAW OR UNDERCOOKED FOOD CAN CAUSE FOOD BORNE ILLNESS  
PLEASE KEEP MENU SUBSTITUTIONS TO A MINIMUM  
- 18% SUGGESTED GRATUITY MAY BE ADDED TO YOUR CHECK  
- DUE TO OUR HIGH VOLUME OF BUSINESS, WE CAN ACCOMMODATE A  
MAXIMUM OF 2 CREDIT CARDS PER TABLE**